

North Providence Pool and Fitness Center Spring Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday

Adult Swim 6AM-9AM	Adult Swim 6AM-9AM	Adult Swim 6AM-9AM	Adult Swim 6AM-9AM	Adult Swim 6AM-9AM
Open Swim 9:00 AM to 4:15 PM	Open Swim 9:00 AM-1:45PM	Open Swim 9:00 AM to 4:15 PM	Open Swim 9:00 AM-1:45PM	Open Swim 9:00 AM to 4:15 PM
Orca Aquatics 4:30 PM-7 PM Closed to members	Closes at 2	Orca Aquatics 4:30 PM-7 PM Closed to members	Closes at 2	Orca Aquatics Swim Lesson 4:30 Lane 6 Only & 5:00 Swim Team ONLY
Open Swim 7:00-7:45		Open Swim 7:00-7:45		Closes at 6 PM
Closes at 8 PM		Closes at 8 PM		

Water Aerobics Schedule

12:30 to 1:00pm Wednesday and Fridays with Gian - in low end of pool
Monday 7pm to 7:30pm with Deb in low end of pool

Weight Room & New Cardio Room Hours

6am to 8pm Monday/Wednesday
6am to 2pm Tuesday/ Thursday
6AM to 6PM Friday